

March 2017

PS41 FRESH LUNCH MENU

Chicken Delights	Burger Tuesday		New York Deli Thursday	Pizza Friday
30	31	1	2	3
Savory Roasted Chicken Drumsticks Corn on the Cob Buttermilk Biscuit <u>Eat Your Colors</u> Broccoli Trees Salad Bar R Lettuce, Grape Tomatoes, Red Peppers, Carrots, Cucumbers, Italian Vinaigrette	Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions <u>Eat Your Colors</u> Seasoned Wedge Fries Salad Bar Marinated Vegetable Salad	Black Bean Quesadilla (v) served with salsa and rice <u>Eat Your Colors</u> Confetti Corn Salad Bar Sliced Cucumbers	Red, White, and Green Panini (v) Toasted tomato, cheese and pesto sandwich on whole wheat bun <u>Eat Your Colors</u> • Cold Bean Salad Salad Bar • Kale Salad with grapes in a ginger soy dressing • Fresh Apple Slices	Pizza Party (v)* with optional toppings: Garden veggies of roasted peppers and onions <u>Eat Your Colors</u> Ranch Carrot Snackers Salad Bar Greek Zucchini Salad
6	7	8	9	10
Chicken Dumplings Ground chicken and vegetables in a dumpling wrapper with soy dipping sauce Sesame Lo-Mein <u>Eat Your Colors</u> Broccoli Trees Salad Bar Asian Slaw	Beef Burger served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions <u>Eat Your Colors</u> Sweet Potato Wedges Salad Bar Spinach, Tomato & Roasted Red Pepper Salad	Mild, Vegetarian Chili (v) Black, kidney and/or pinto beans served over brown rice in a warm taco shell boat with cheddar cheese and a tomato salsa <u>Eat Your Colors</u> Confetti Corn Salad Bar Spring Mix Salad	Turkey Caesar Wrap White meat turkey with romaine lettuce and Caesar dressing in a whole wheat wrap <u>Eat Your Colors</u> • Cabbage and carrot slaw in a cilantro vinaigrette Salad Bar • Kale Salad with grapes in a ginger soy dressing • Fresh Apple Slices	Pizza Party (v)* Bruschetta Pizza with optional topping: Chopped tomatoes with Italian seasoning <u>Eat Your Colors</u> Chickpea Salad Salad Bar Broccoli and Cranberry Salad
13	14	15	16	17
Chicken Sabrosa Roasted chicken drumstick marinated in orange juice, garlic, cumin, oregano, and paprika Yellow Rice and Beans <u>Eat Your Colors</u> Sweet Plantains • Black, red, or garbanzo beans gently seasoned with cumin and oregano Salad Bar • Cabbage and carrot slaw in a cilantro vinaigrette	Grass Fed Beef Burger served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions <u>Eat Your Colors</u> Sweet Potato Waffle Fries Salad Bar Spring Mix Salad	Spinach & Cheese Ravioli (v) Cheese and spinach filled ravioli in a tomato sauce served with a whole wheat dinner roll <u>Eat Your Colors</u> Green Garden Salad Salad Bar Greek Zucchini Salad	Red, White, and Green Panini (v) Toasted tomato, cheese and pesto sandwich on whole wheat bun <u>Eat Your Colors</u> Seasoned Wedge Fries Salad Bar Spring Mix Salad • Fresh Apple Slices	Pizza Party (v)* Pizza Margherita with optional topping: Chopped tomatoes <u>Eat Your Colors</u> • Cold Bean Salad Salad Bar Carrot and Lemon Salad
20	21	22	23	24
Chicken Dumplings Ground chicken and vegetables in a dumpling wrapper with soy dipping sauce Sesame Lo-Mein <u>Eat Your Colors</u> Roasted Zucchini Salad Bar Ranch Carrot Snackers	Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions <u>Eat Your Colors</u> Sweet Potato Wedges Salad Bar Cucumber Salad • Fresh Apple Slices	Pasta Fagioli (v) Penne pasta in a tomato sauce with pinto beans served with a whole wheat dinner roll <u>Eat Your Colors</u> • Kale Salad Salad Bar Marinated Green Beans	Italian Turkey Wrap <u>Eat Your Colors</u> Seasoned Wedge Fries Salad Bar • Celery & Apple Salad • Fresh Apple Slices	Pizza Party (v)* Bruschetta Pizza with optional topping: Chopped tomatoes with Italian seasoning <u>Eat Your Colors</u> Chickpea Salad Salad Bar Spinach, Tomato & Roasted Red Pepper Salad
27	28	29	30	31
Savory Roasted Chicken Drumsticks Corn on the Cob Buttermilk Biscuit <u>Eat Your Colors</u> Broccoli Trees Salad Bar Italian Classico Salad	Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions <u>Eat Your Colors</u> Seasoned Wedge Fries Salad Bar Marinated Vegetable Salad	Black Bean Quesadilla (v) Served with salsa and rice <u>Eat Your Colors</u> Confetti Corn Salad Bar Sliced Cucumbers	Red, White, and Green Panini (v) Toasted tomato, cheese and pesto sandwich on whole wheat bun <u>Eat Your Colors</u> • Cold Bean Salad Salad Bar • Kale Salad with grapes in a ginger soy dressing • Fresh Apple Slices	Pizza Party (v)* with optional toppings: Garden veggies of roasted peppers and onions <u>Eat Your Colors</u> Ranch Carrot Snackers Salad Bar Greek Zucchini Salad

(v) indicates vegetarian

• Locally sourced/package ingredients

* Due to a vendor issue, French bread pizza, calzones and/or mozzarella sticks may be substituted.

