

May 2017

PS41 FRESH LUNCH MENU

	Burger Tuesday		New York Deli Thursday	
1	2	3	4	5
<p>Chicken Dumplings Ground chicken and vegetables in a dumpling wrapper with soy dipping sauce Sesame Lo-Mein</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Asian Slaw</p>	<p>Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p>	<p>Mild, Vegetarian Chili (v) Black, kidney and/or pinto beans served over brown rice in a warm taco shell boat with cheddar cheese and a tomato salsa</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>Turkey Caesar Wrap White meat turkey with romaine lettuce and Caesar dressing in a whole wheat wrap</p> <p><u>Eat Your Colors</u> • Cabbage and carrot slaw in a cilantro vinaigrette</p> <p><u>Salad Bar</u> • Kale Salad with grapes in a ginger soy dressing • Fresh Apple Slices</p>	<p>Spinach & Cheese Ravioli (v) Cheese and spinach filled ravioli in a tomato sauce served with a whole wheat dinner roll</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p>
8	9	10	11	12
<p>Italian Roasted Chick Peas (v) Served with Pasta</p> <p><u>Eat Your Colors</u> Roasted Zucchini</p> <p><u>Salad Bar</u> Broccoli & Cauliflower Salad</p>	<p>Beef Burger served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Cilantro Cole Slaw</p>	<p>Spinach & Cheese Ravioli (v) Cheese and spinach filled ravioli in a tomato sauce served with a whole wheat dinner roll</p> <p><u>Eat Your Colors</u> Green Garden Salad</p> <p><u>Salad Bar</u> Radish Salad with Orange Vinaigrette</p>	<p>Red, White, and Green Panini (v) Toasted tomato, cheese and pesto sandwich on whole wheat bun</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Strawberry and Cucumber Salad • Fresh Apple Slices</p>	<p>Classic Cheese Flatbread Pizza (v)*</p> <p><u>Eat Your Colors</u> • Cold Bean Salad</p> <p><u>Salad Bar</u> Spinach and Cranberry Salad</p>
15	16	17	18	19
<p>Pasta Fagioli (v) Penne pasta in a tomato sauce with pinto beans served with a whole wheat dinner roll</p> <p><u>Eat Your Colors</u> • Kale Salad</p> <p><u>Salad Bar</u> Marinated Green Beans</p>	<p>Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Cilantro Cole Slaw • Fresh Apple Slices</p>	<p>Chicken Dumplings Ground chicken and vegetables in a dumpling wrapper with soy dipping sauce Vegetable Fried Rice</p> <p><u>Eat Your Colors</u> Marinated Green Beans</p> <p><u>Salad Bar</u> Ranch Carrot Snacker</p>	<p>Italian Turkey Wrap</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Celery & Apple Salad • Fresh Apple Slices</p>	<p>Spinach & Cheese Ravioli (v) Cheese and spinach filled ravioli in a tomato sauce served with a whole wheat dinner roll</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p>
22	23	24	25	26
<p>Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p>Beef Burger served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Marinated Vegetable Salad</p>	<p>Black Bean Quesadilla (v) Black beans with cheese on tortilla flatbread served with salsa and rice</p> <p><u>Eat Your Colors</u> Cucumber Salad</p> <p><u>Salad Bar</u> Sliced Cucumbers</p>	<p>Red, White, and Green Panini (v) Toasted tomato, cheese and pesto sandwich on whole wheat bun</p> <p><u>Eat Your Colors</u> • Cold Bean Salad</p> <p><u>Salad Bar</u> • Kale Salad • Fresh Apple Slices</p>	<p>Classic Cheese Flatbread Pizza (v)*</p> <p><u>Eat Your Colors</u> Ranch Carrot Snackers</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>
MEMORIAL DAY 29	30	31	1	2
NO SCHOOL!	<p>Turkey Burger with Cheese served on a whole wheat bun with toppings including lettuce, tomato, pickles and onions</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p>	<p>Mild, Vegetarian Chili (v) Black, kidney and/or pinto beans served over brown rice in a warm taco shell boat with cheddar cheese and a tomato salsa</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>Turkey Caesar Wrap White meat turkey with romaine lettuce and Caesar dressing in a whole wheat wrap</p> <p><u>Eat Your Colors</u> • Cabbage and carrot slaw in a cilantro vinaigrette</p> <p><u>Salad Bar</u> • Kale Salad with grapes in a ginger soy dressing • Fresh Apple Slices</p>	<p>Spinach & Cheese Ravioli (v) Cheese and spinach filled ravioli in a tomato sauce served with a whole wheat dinner roll</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p>

(v) indicates vegetarian

• Locally sourced/packaged ingredients

