

PS41 FRESH LUNCH MENU

September 2017

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	Burger Tuesday		New York Deli Thursday	
4	5	6	First Day of Classes 7	8
			Mild, Vegetarian Chili (v) Black, kidney and/or pinto beans served over brown rice in a warm taco shell boat with cheddar cheese and a tomato salsa Roasted Zucchini Corn on the Cob Salad Bar Kale Salad with grapes in a ginger soy dressing Fresh Apple Slices	French Bread Pizza Veggie Pizza (v) Seasoned Pinto Beans Kale Salad with grapes in a ginger soy dressing Salad Bar Italian Marinated Cucumber Salad
11	12	13	14	15
Black Bean Quesadilla (v) Black beans with cheese on tortilla flatbread served with salsa and rice Corn Salad with diced peppers Spring Mix Salad Salad Bar Romaine with tomatoes, cucumbers, in Italian dressing	Turkey Burger served on a whole wheat bun with toppings including lettuce, tomato, & New York onions Chickpea Salad Marinated Tomato Salad Salad Bar Caesar Salad	Mushroom Bolognese with Whole Grain Rotini (v) Garlic Toast Orange Glazed Carrots Salad Bar Shredded cabbage in a fresh cilantro dressing	Seasoned Turkey Cubano Panini Italian Marinated Cucumber Salad Salad Bar Shredded cabbage and carrots in a sesame dressing Fresh Apple Slices	French Bread Pizza Bruschetta Pizza (v) with fresh tomatoes and onions Garlic Knot Kid Friendly Kale Salad Salad Bar Roasted Broccoli & Cauliflower Salad
18	19	20	ROSH HASHANAH 21	ROSH HASHANAH 22
Red, White, and Green Panini (v) Toasted tomato, cheese and pesto sandwich on whole wheat bun Parmigiana Roasted Cauliflower Sweet Plantains Salad Bar Green Garden Salad	100% Beef Hamburgers & Cheeseburgers served on a whole wheat bun with toppings including lettuce, tomato, & New York onions Crunchy Carrot Stocks Salad Bar Greek Zucchini Salad	“Super Chef” Shepherd’s Pie blend of mashed potatoes, turkey and cheese Warm Dinner Roll Broccoli Trees Salad Bar Spinach & Cranberry Salad	NO SCHOOL!	NO SCHOOL!
25	26	27	28	29
Turkey Carnitas Burrito Brown Rice Green Garden Salad Salad Bar Broccoli and Cranberry salad	100% Beef Hamburgers & Cheeseburgers served on a whole wheat bun with toppings including lettuce, tomato, & New York onions Sweet Potato Wedge Fries Salad Bar Carrot and Lemon Salad	Hot Sliced Turkey with Gravy Warm Corn Bread Mashed Potatoes Garlicky Green Beans Salad Bar Corn Salad with diced peppers	Mild, Vegetarian Chili (v) Black, kidney and/or pinto beans served over brown rice in a warm taco shell boat with cheddar cheese and a tomato salsa Roasted Zucchini Corn on the Cob Salad Bar Kale Salad with grapes in a ginger soy dressing Fresh Apple Slices	French Bread Pizza Veggie Pizza (v) Seasoned Pinto Beans Kale Salad with grapes in a ginger soy dressing Salad Bar Italian Marinated Cucumber Salad

Entrée Alternatives Offered Daily: PB&J, Cheese, and Plain Turkey Sandwiches; Hummus Grab & Go; Cheese & Tomato with Fresh Fruit Grab & Go

Milk and Seasonal Fresh Fruit Offered Daily

Menu is subject to change.

(v) indicates vegetarian

Locally sourced/packaged ingredients

